

Parameter	Control group		Folate group		Folate + Vit. B <sub>12</sub> group	
	Mean	SD	Mean	SD	Mean	SD
Age (years)	30.5	1.2	30.8	1.1	30.6	1.3
Weight (kg)	65.2	8.5	64.8	9.1	65.5	8.8
Height (cm)	168.5	5.2	168.2	5.5	168.8	5.1
Duration of disease (years)	12.5	3.2	12.8	3.1	12.6	3.3
Initial haemoglobin (g/L)	11.5	1.2	11.8	1.1	11.6	1.3
Initial serum ferritin (µg/L)	150	50	155	45	148	55
Initial serum transferrin saturation (%)	25	5	26	4	24	6
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Initial serum ferritin (µg/L)	150	50</				

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Haematological parameters						
Haemoglobin (g/dl)	12.5	1.2	12.8	1.1	13.2	1.3
Haematocrit (%)	38.5	2.5	39.2	2.3	40.1	2.6
Mean corpuscular volume (fL)	105.2	4.5	106.1	4.2	107.3	4.8
Mean corpuscular haemoglobin (pg)	32.1	1.5	32.5	1.4	33.2	1.6
Mean corpuscular haemoglobin concentration (g/dl)	30.5	0.8	30.8	0.7	31.1	0.9
Red blood cell count (10 <sup>12</sup> /L)	4.5	0.3	4.6	0.2	4.7	0.4
White blood cell count (10 <sup>9</sup> /L)	7.2	0.8	7.1	0.7	7.3	0.9
Platelet count (10 <sup>9</sup> /L)	150	15	152	14	151	16
Neutrophils (%)	65	5	66	4	67	6
Lymphocytes (%)	30	3	29	2	31	4
Monocytes (%)	5	1	5	1	5	1
Eosinophils (%)	1	0.5	1	0.4	1	0.5
Basophils (%)	0.5	0.2	0.5	0.2	0.5	0.2
Prothrombin time (s)	12.5	0.5	12.6	0.4	12.7	0.6
Partial thromboplastin time (s)	32.1	1.2	32.3	1.1	32.5	1.3
Fibrinogen (g/L)	3.5	0.2	3.6	0.1	3.7	0.3
D-dimer (ng/mL)	0.5	0.1	0.5	0.1	0.5	0.1
Urea nitrogen (mg/dL)	10.5	1.5	10.6	1.4	10.7	1.6
Creatinine (mg/dL)	1.2	0.2	1.2	0.2	1.2	0.2
Bilirubin (mg/dL)	1.5	0.3	1.5	0.3	1.5	0.3
Aspartate aminotransferase (U/L)	25	5	26	4	27	6
Alanine aminotransferase (U/L)	15	3	16	2	17	4
Gamma-glutamyl transferase (U/L)	30	10	31	9	32	11
Alkaline phosphatase (U/L)	100	20	102	18	105	22
Liver function tests						
Prothrombin time (s)	12.5	0.5	12.6	0.4	12.7	0.6
Partial thromboplastin time (s)	32.1	1.2	32.3	1.1	32.5	1.3
Fibrinogen (g/L)	3.5	0.2	3.6	0.1	3.7	0.3
D-dimer (ng/mL)	0.5	0.1	0.5	0.1	0.5	0.1
Urea nitrogen (mg/dL)	10.5	1.5	10.6	1.4	10.7	1.6
Creatinine (mg/dL)	1.2	0.2	1.2	0.2	1.2	0.2
Bilirubin (mg/dL)	1.5	0.3	1.5	0.3	1.5	0.3
Aspartate aminotransferase (U/L)	25	5	26	4	27	6
Alanine aminotransferase (U/L)	15	3	16	2	17	4
Gamma-glutamyl transferase (U/L)	30	10	31	9	32	11
Alkaline phosphatase (U/L)	100	20	102	18	105	22